



WHY US?

Young South Africans are now facing an unprecedented urgency to take the reins of their own career paths. The Diploma in Health & Skincare offers you the chance to become the architect of your own destiny. In response to the critical demand for these opportunities, we aim to address the gap by offering professional training and expertise.

- To provide effective training in both theory and practice which will equip students for a career in Health and Skin Care.
- To promote grace and healthy self confidence in our students.
- To develop entrepreneurial skills to enable students to meet the challenges of the open market.

CAREER OPPORTUNITIES

- Working on Luxury Cruise Ships while travelling the world
- Exotic Wellness and Health Centres
- Health Hydro & Spa's
- Trainer at Cosmetic Companies
- Lecturer in Health & Skincare
- Owner of a Business
- Working at Large Hotels and Wellness Centre
- Marketing for Health and Skin Care Companies



DURATION

- 2 Years
- NQF LEVEL 6 (266CCredits)
- Instruction Language: English

ACCREDITATION

- QCTO (Quality Council for Trades & Occupations)
- SAAHSP (South African Association for Health & Skincare Professionals)
- iTEC (International Therapy Examination Council – UK)
- CIDESCO (Comite International d'Esthetique et de Cosmetologie – Swiss)

COURSE INFORMATION

SYLLABUS – YEAR 1

Health & Skincare I
Figure Diagnosis & Body
Electricals
Sciences for Health & Skincare
Hygiene & Sterilisation
Anatomy & Physiology I
Nutrition
Make Up
Dermatology
Client Relations Management
Psychology for Health & Skincare

SYLLABUS – YEAR 2

Health & Skincare II Cosmetic
Chemistry & Applied
Cosmetology
Applied Anatomy & Physiology
Figure Diagnosis & Body
Electricals II
Client Relations Management
Business Management
First Aid Shiatsu
Manual Lymph Drainage
Pressure Point Foot Massage
Massage using Aromatic Oils
Hot Stone Therapy

PRACTICAL MODULES

Manicure & Pedicure
Waxing
Make-Up
Swedish Massage
Skincare
Figure Diagnosis & Body
Electricals

GET IN TOUCH WITH US

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